

GORDIAN KNOT

Number of players: **minimum 7**
Age of players: **7+**
Duration: **up to 15 minutes**

Materials Needed:

None

Space:

A space where all participants can stand in a circle.

Gameplay:

1. Ask the participants to stand in a circle.
2. Have them take a step back, extend their arms forward, and close their eyes.
3. Next, instruct them to take a few steps forward and grab the hands of other participants. It's essential not to hold hands with the same person on both sides.
4. Participants should try to untangle the resulting knot while still holding hands, aiming to return to a circle formation.